

As the days grow longer and warmer, winter boots and heavy leather shoes will be put away, happily replaced by open-toe shoes and sandals. But for the 20 to 30 million people in the United States who suffer from a toenail fungus (onychomycosis), open-toe footwear can be problematic. No one wants to reveal the discolored brown, yellow, or sometimes black toenail that can become so thick that any type of shoe is a painful consideration. That's why Aidance Skincare brings you Tetrasil—an all-natural ointment that can inhibit the growth of toenail fungi through its powerful formula that releases silver and oxygen, and sends electrical charges to the outer protein coat of annoying fungi (dermatophytes).

# HEALTHY NAILS FOR *Active Feet*

by Gina Ladinsky

## WHAT IS TOENAIL FUNGUS AND WHO IS AFFECTED?

The inside of a shoe is a perfect environment for a fungus. It is dark and moist, creating a safe place for a fungus to call home. It is believed that some type of trauma to the toe is the first breakdown in the line of defense. For example, an injury, such as stubbing your toe or even tight shoes that pinch, can make toenails susceptible to an invasion. Transmission is most common in places where bare feet share a floor, such as locker rooms, public showers, and swimming pools. Athletes, runners, dancers or anyone who is hard on their feet are fair game. And past infections of athlete's foot put individuals at a higher risk.

## EVALUATING YOUR OPTIONS

It is always wise to visit a health care professional to confirm that you actually have a toenail fungus. Once diagnosed, consider your options. There are prescriptions, such as Lamisil, made by Novartis Pharmaceuticals (this is different from the over-the-counter Lamisil cream, which does not treat toenail fungus). Prescription Lamisil is taken orally. Its active ingredient, terbinafine, travels throughout your bloodstream to the area of infection. Lamisil's known potential side effects include: headache, gastrointestinal symptoms, upset stomach, taste disturbances, rash and liver disease. In rare cases, decreased white blood counts and retinal eye problems can occur. Lamisil is taken orally for 12 weeks and results are not guaranteed. For obvious reasons, this choice has its limitations.

On a brighter note, Aidance Skincare offers an exceptional remedy for toenail fungi called Tetrasil® Multi-purpose Topical Ointment. It contains a unique mix of ingredients, including

jojoba oil, beeswax, silver oxide, and palmarosa oil. All produce soothing relief for the skin.

But Tetrasil's key and totally unique ingredient is a patented compound called Tetrasilver Tetroxide (TsT™). TsT belongs to a unique family of molecules called "Electron-Jumping Compounds®" that are extremely potent foes of the bad guys on your skin. TsT is a single molecule comprised of four silver atoms and four oxygen atoms. Independent testing has shown that TsT is strongly attracted to rapidly proliferating pathogens like bacteria, viruses, protozoa and fungi. Most importantly, the reaction that results when TsT comes in contact with these harmful microorganisms is powerful. It binds with the pathogen, releasing both a microelectrical charge and oxygen. The electrical charge kills the pathogen, destroying its ability to proliferate and cause further damage. And the influx of oxygen from TsT helps to speed the healing process.

According to studies, TsT does not bind with healthy tissue. Tetrasil is not ingested but is applied directly to the infected toenail where it instantly begins to work, destroying the unwanted fungi. What's best about this natural ointment is that it is completely safe and does not require a prescription.

Don't let toenail fungus keep you from showing the world your beautiful toes this spring and summer. With a natural solution like Tetrasil, you can be wearing sandals sooner than you think. ■



## Back to Sandals & Sand with Tetrasil

"For months I had a nasty looking nail on my toe. Besides making me uncomfortable, it also affected my quality of life. Instead of sandals and sand, it was now shoes and socks. The products I had tried were not much help. I just wanted to find something that would get my toe back to normal. I decided to try Tetrasil because it was new and it looked promising.

"Within three to four days of using Tetrasil on my toenail, I noticed the once stubborn problem was starting to clear up. Now, I use Tetrasil exclusively in my household for all sorts of 'skin things.' It's good to know there is a product that really works the way it's supposed to."

—Marc C.\*

\*Last name withheld to protect privacy.



## Resources

For more information or to find a local store carrying Tetrasil, visit [www.tetrasil.com](http://www.tetrasil.com) or call 1-877-4AIDANCE (877-424-3262).